

## Personal History

Title \_\_\_\_\_ Forename \_\_\_\_\_ Surname \_\_\_\_\_

Date of Birth \_\_\_\_\_ Sex M/F \_\_\_\_\_ Occupation \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_ Post Code \_\_\_\_\_

Telephone: Home \_\_\_\_\_ Work \_\_\_\_\_ Mobile \_\_\_\_\_

Email Address \_\_\_\_\_ Marital Status \_\_\_\_\_ No of Children \_\_\_\_\_

Person financially responsible \_\_\_\_\_ Relation to you \_\_\_\_\_

Person to contact in case of emergency \_\_\_\_\_ Tel \_\_\_\_\_

Recommended / Referred By \_\_\_\_\_

## Medical History

Name of Doctor/Physician \_\_\_\_\_ Tel \_\_\_\_\_

Address \_\_\_\_\_

Are you in good health? \_\_\_\_\_ If no, explain \_\_\_\_\_

Do you have any existing illness? \_\_\_\_\_ If yes, explain \_\_\_\_\_

Have you been hospitalised in the past two years? \_\_\_\_\_ If yes, explain \_\_\_\_\_

Do you bleed excessively when cut? \_\_\_\_\_ Are you taking any blood thinning medication? (*Aspirin, Warfarin*) \_\_\_\_\_

Do you smoke? \_\_\_\_\_ If yes, how much? \_\_\_\_\_

Are you taking any medications, pills or drugs? \_\_\_\_\_ If yes, please list \_\_\_\_\_

\_\_\_\_\_

Diet: (Please mention details of the main foods you eat regularly, include a typical day) \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Exercise: (mention type and frequency of exercise) \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Do you now have or have you had any of the following? (If yes, please describe underneath in remarks)

	Yes	No		Yes	No
1. Heart Disease	<input type="checkbox"/>	<input type="checkbox"/>	13. Liver Disease	<input type="checkbox"/>	<input type="checkbox"/>
2. High Blood Pressure	<input type="checkbox"/>	<input type="checkbox"/>	14. Kidney Disease	<input type="checkbox"/>	<input type="checkbox"/>
3. Blood Disease	<input type="checkbox"/>	<input type="checkbox"/>	15. Hepatitis	<input type="checkbox"/>	<input type="checkbox"/>
4. Rheumatic Fever	<input type="checkbox"/>	<input type="checkbox"/>	16. Asthma	<input type="checkbox"/>	<input type="checkbox"/>
5. Heart Murmur	<input type="checkbox"/>	<input type="checkbox"/>	17. Tuberculosis (TB)	<input type="checkbox"/>	<input type="checkbox"/>
6. Diabetes	<input type="checkbox"/>	<input type="checkbox"/>	18. Aids or HIV Positive	<input type="checkbox"/>	<input type="checkbox"/>
7. Stroke	<input type="checkbox"/>	<input type="checkbox"/>	19. Allergy to: Penicillin	<input type="checkbox"/>	<input type="checkbox"/>
8. Epilepsy	<input type="checkbox"/>	<input type="checkbox"/>	Other Antibiotics	<input type="checkbox"/>	<input type="checkbox"/>
9. Arthritis	<input type="checkbox"/>	<input type="checkbox"/>	Local Anaesthetics	<input type="checkbox"/>	<input type="checkbox"/>
10. Tumour (Cancer) History	<input type="checkbox"/>	<input type="checkbox"/>	Other	<input type="checkbox"/>	<input type="checkbox"/>

11. Nervous Disorders   20. Radiation Treatment
12. STD (Sexually Transm Disease)   21. Are You Pregnant

## Cupping History

When did you last have cupping carried out? \_\_\_\_\_ Where? \_\_\_\_\_

How did you feel cupping helped you? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Please give details of your ailments and conditions you want treated: (e.g. medical problem, multiple illnesses or general wellbeing):**

**Remarks** \_\_\_\_\_

I accept that the information I have given is true to the best of my knowledge and I have not withheld any information concerning my health.

I understand that there is possibility of developing some minor reactions - as my body adjusts to the treatment given.

I give consent for treatment to be carried out by the practitioner and that my details remain confidential, except when sharing information for data, training and research.

I also agree to assume full financial responsibility for all treatment rendered.

Signature \_\_\_\_\_ Date \_\_\_\_\_